FENLAND DISTRICT COUNCIL PRESS RELEASE

July 26, 2023

Come along to free tea dances in Fenland towns

Popular free tea dance events are being held in Fenland towns again – and a call has been made for people to sign up soon to avoid disappointment.

Everyone is welcome to the events including absolute beginners, those who'd label themselves as having two left feet, to avid dancers and those who just fancy an afternoon of tea and nibbles with music and entertainment.

A dance instructor will be on hand to help people get involved. Entry, instruction and refreshments are provided free of charge.

The events are being run by Active Fenland, which is part of Fenland District Council.

Cllr Susan Wallwork, Fenland District Council portfolio holder for health and wellbeing, said: "These events were so popular last year that we're running them again.

"They're a wonderful opportunity for people to get out and about and enjoy an afternoon of traditional companionship, entertainment and fun."

The events will usually include a variety of dance styles and music such as ballroom, Latin, sequence and party dances. All abilities will be accommodated and the dance instructor will break down the steps to make them simple to follow.

The tea dances will be held 2pm to 4pm at:

- March, at March Braza Club, Elm Road, Friday, August 4
- Chatteris, at the King Edward Community Centre, King Edward's Road, Friday, August 18
- Wisbech, at the Queen Mary Centre, Queens Road, Friday, September 8
- Whittlesey, Childers Sports and Social Club, Station Road, Whittlesey, Friday, September 29

Book your place at: <u>activefenlandbookings@fenland.gov.uk</u> or call 07592 774656 – please leave a message with your name and the number of people who are attending and your booking will be recorded. Please also provide an emergency contact number.

Active Fenland provides a range of free and low cost informal, fun, sport, and physical activity sessions in community settings across Fenland. These include yoga, wellbeing walks, running clubs, access to gyms and more.

Find the current timetable and more information at: www.fenland.gov.uk/activefenland

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About Active Fenland

Fenland District Council launched Active Fenland in June 2015 with Sport England funding.

The service promotes and provides informal, fun, sport, and physical activity sessions in community settings across Fenland, with the aim of encouraging the local community to get more active, more often, and to lead more physically active and healthier lifestyles.

Active Fenland receives a small amount of funding from Fenland District Council annually but funds most of its work through grants from various bodies to deliver specific programmes targeting specific need.